



## **A WOUNDED HEALERS® NEWS UPDATE August 2022**

### **Grief Support Groups**

The **Wounded Healers Grief Support Group** sessions were able to resume on June 8, 2022! After more than two years, it was wonderful to be able to extend a helping hand to those people currently grieving a significant loss. The sessions were well attended, and the Wounded Healers volunteers remarked on how much they've missed the opportunity to help.

Our next series will begin on September 7, 2022 at 7:00pm. We will meet again at St. James the Less Church in Highland. The address of St. James the Less church is 9640 Kennedy Ave, Highland, IN. **We ask that you check our website [www.woundedhealers-nwi.com](http://www.woundedhealers-nwi.com)** or our phone line (219-924-5577) for more information.

### **Let's Keep EVERYONE Safe**

We have an obligation to try to keep all our grievors (and the Wounded Healers) safe! There will be people in attendance, along with Wounded Healers, who are at high risk, so we ask that for your safety, and the safety of others, **please wear a mask while in the building.** And please do not attend if you are having **any** symptoms of illness.

### **The Holidays**

After over 30 years of providing help and support to those suffering the death of someone close, we will again offer our Holiday Help program on Sunday, November 20, 2022 at St. James the Less Church Hall at 9640 Kennedy Avenue (the corner of Kennedy and 45<sup>th</sup> Street) in Highland. Our speaker, Sherry White, has provided us with her knowledge, kindness, and expertise for all these years. She is a wonderful speaker and will discuss ways of dealing with loss during the holidays.

The Wounded Healers volunteers and facilitators who are able will be there. They are a godsend! They, along with Sherry, make the program work.

Remember: We meet at a Catholic church and use their facilities, but **The WOUNDED HEALERS® is Non-Denominational in its approach.**

The Wounded Healers volunteer their time and talents in an effort to bring hope to the newly grieved. But we are not professional counselors. We encourage grievors who are having significant issues dealing with their grief to also seek professional help.

HOPE, PEACE and COMFORT are wonderful gifts to bring to the brokenhearted. May the Fall of 2022 bless you with love and joy!